

June 3, 2020

We have now reached the third month of working remotely and living in a vastly altered world. On a couple of occasions, various combinations of our staff members have met in our office to clean, re-organize and prepare for some version of a staggered schedule to allow us to work from our downtown office again. Although we do not have a planned date to begin some version of a re-opened office, we are looking forward to that moment.

Working within our office footprint, we are fortunate that we will be able to safely social distance our staff. Our ability to convene large meetings and gatherings will unfortunately be greatly reduced for the foreseeable future. We are encouraged that we will be able to safely accommodate our staff and fully utilize the office while adhering to current health and safety regulations and suggestions.

We are developing materials for members to assist with the transition from a mainly remote workforce to the return of an office-centered employment in our member buildings. Regardless of the timeline, we remain committed to helping commuters and members safely navigate their commutes without unnecessarily adding to a significant increase in the numbers of solo-occupant vehicles returning to work. We are also assessing various ways to offer more virtual events for Commute & Career programs. We will have more details in the upcoming weeks as we continue research and development of these crucial components.

Until then, we wish you, your teams, and your families health and safety.

Kimberly B. Martinson, CAE

CEO, TMASF Connects



Overview of Materials Developed by TMASF Connects

March 1st – May 31st, 2020

March

In March, our society was wildly unprepared for the incoming Coronavirus pandemic. Everyone was trying to figure out what was going on, how they were going to adjust to changing work arrangements and transit conditions and anticipate what might be needed in their immediate future. TMASF Connects released a number of resource sheets for information on the spreading Coronavirus along with guides and tips to keeping a workforce that suddenly found themselves working remotely efficient and healthy.

[TMASF Connects Coronavirus Factsheet](#)

- [CDC Coronavirus page](#)
- [CDC: How to protect yourself](#)
- [CDC: Interim guidance for Businesses and Employers](#)
- [CDC: Household Checklist](#)
- [CDC: Travelers' Health](#)
- [COVID-19 Global Cases by the Center for Systems Science and Engineering \(Map View\)](#)
- [Coronavirus Tracker for all cases in California \(SF Chronicle\)](#)
- [List of products that help fight bacteria and viruses](#)
- [COVID-19 Factsheet \(American Public Transportation Association - APTA\)](#)
- [Developing a Contagious Virus Response Plan \(APTA Guidelines\)](#)
- [SF Chronicle Coronavirus Live Updates](#)
- [Occupational Safety and Health Administration \(OSHA\)](#)
- [Telecommuting Guidelines \(Rutgers University\)](#)
- [General Benefits of Telecommuting](#)

[TMASF Connects Career Telecommuting Implementation Resource Sheet](#)

- [Global Workplace Analytics Telecommuting Statistics](#)
- [Global Workplace Analytics: Telecommuting Policy Sample](#)
- [SHRM: How to Create an Effective Telecommuting Program](#)
- [UC Berkeley Telecommuting Guidelines](#)
- [Robert Half: 6 Keys for Creating Strong Telecommuting Programs](#)
- [Forbes: 5 things you need to know about telecommuting](#)

[TMASF Connects Helpful Tips for Telecommuters](#)

- [Business Insider: The 7 best reasons to work from home](#)
- [US News: How to work from home effectively](#)
- [Huffington Post: 10 Tips for Telecommuting](#)
- [Top 30 Tips for staying productive while working from home \(Zen Habits\)](#)



[TMASF Connects Navigating the Coronavirus Resource Sheet](#)

- [SF Gate: latest updates on COVID-19](#)
- [SF Department of Public Health Coronavirus page](#)
- [How to protect yourself from Coronavirus when grocery shopping \(Consumer Reports\)](#)
- [KRON 4: Handwashing stations](#)
- [The 13 Best Grocery Companies in SF to help you wait out self-isolation \(SFist\)](#)
- [Yahoo: Quarantine Grocery List Recommended by Nutritionists](#)
- [SFUSD: Helping Children During the COVID-19 Pandemic](#)
- [CDC: Schools, Workplaces & Community Locations](#)
- [WHO: COVID-19 advice for the public](#)
- [CDC: Keeping the Workplace Safe infographics](#)
- [How to keep your phone clean during COVID-19 \(Global News\)](#)
- [SF Gate: Tips to manage anxiety levels](#)
- [Coronavirus Anxiety tips \(Anxiety and Depression Association of America - ADAA\)](#)

[TMASF Connects Employment Health Factsheet and Wellness Agreement](#)

- [EDD: COVID-19 page](#)
- [Infographic to differentiate between allergy, cold, and flu symptoms](#)

[Thoughts and Tips from TMASF Connects Staff](#)

April

In April, a vast majority of the non-essential workforce had switched to working remotely amidst local shelter-in-place orders. People were trying to manage a whole new lifestyle and ways to approach it that was sustainable. TMASF Connects distributed a number of resources for and from local agencies to assist in processing the overwhelming amount of information available.

[Transit Service Updates](#)

- [BART News Updates](#)
- [Track Replacement Project in Orinda Station](#)
- [Factsheet on Track Replacement Project](#)
- [SFMTA COVID-19 Developments & Response](#)
- [SFMTA Essential Trips Update](#)
- [SFMTA Essential Trips Update 2](#)
- [Essential Trip Card Program](#)
- [AC Transit Service Updates](#)
- [AC Transit Service Updates 2](#)
- [Caltrain Updates](#)
- [Caltrain Weekday Timetable](#)
- [Golden Gate Transit Update](#)
- [Golden Gate Transit Ferry Schedules](#)



- [Golden Gate Transit Bus Schedules](#)
- [Golden Gate Transit News – Details](#)
- [SamTrans COVID-19 Updates](#)
- [SamTrans Timetable Updates](#)
- [San Francisco Bay Ferry Updates](#)

[Bay Area School Meal Pickup Locations](#) *Courtesy of Stanford University*

[Employer Guide to Financial Resources](#)

- [SBA: Economic Injury Disaster Loan Emergency Advance](#)
- [COVID-19 Economic Injury Disaster Loan Application](#)
- [Small Business Debt Relief Program](#)
- [Paycheck Protection Program Information Sheet](#)
- [News on SBA Paycheck Protection Program](#)
- [Labor & Workforce Development Agency: COVID 19 Resources for Employers and Workers](#)
- [EDD: Work Sharing Program](#)
- [OEWD \(Office of Economic and Workforce Development\): Rapid Response Program – Layoff Assistance](#)
- [Franchise Tax Board Update](#)
- [IRS COVID-19 Page](#)
- [Employee Guide to Changes in Workforce Benefit Laws](#)
- [California Family Rights Act \(CFRA\)](#)
- [Family and Medical Leave Act \(FMLA\)](#)
- [Families First Coronavirus Response Act: Employee Paid Leave Rights \(FFCRA or Act\)](#)
- [Unemployment Insurance Benefits](#)
- [Unemployment Eligibility Requirements](#)
- [File an Unemployment Insurance Claim](#)
- [Unemployment Insurance Application](#)
- [FAQ: The CARES Act](#)
- [Federal Pandemic Unemployment Compensation Program](#)
- [California Governor Holds Coronavirus Briefing | NBC News](#)

[Update from State of California Governors News Conference](#)

- [Governor Newsom: Six Critical Indicators Before Modifying Stay-at-Home Order](#)
- [California’s Roadmap to Modify the Stay-at-Home Order](#)

[Paycheck Protection Program Application Information](#)

- [Paycheck Protection Program Borrower Application Form](#)
- [SBA: Eligible Paycheck Protection Program Lenders](#)

[Childcare Options](#) *Courtesy of State Government*



May

In May, we saw glimpses of a society reemerging and slowly being able to reopen. TMASF Connects released additional childcare information and a guide for updating skills in resumes and LinkedIn.

Childcare Information

- [Interim Guidance for Child Care Programs and Summer Day Camps](#)
- [SF Department of Children Youth & Their Families](#)
- [Additional Emergency Child and Youth Care for Essential Workers](#)
- [COVID-19 Childcare Options](#)
- [Find Child Care Options Near You](#)
- [SF Gate: Childcare rules in San Francisco](#)
- [2020 Bay Area Summer Camps – Virtual and In-Person](#)
- [Virtual Field Trips \(The Nature Conservancy\)](#)
- [Virtual Field Trips \(SFUSD\)](#)
- [SFUSD: Student and Family Learning Resources](#)
- [Scholastic: Learn at Home](#)

Skills Update Guide 2020

- [Mentoring Opportunities](#)
- [Volunteering Opportunities](#)
- [Other volunteering Opportunities](#)
- [SF Office of Economic and Workforce Development: Rapid Response Layoff Assistance Webinars](#)

TMASF Satellite Stories

June

June may just be beginning, but we can continue preparing for the future. TMASF Connects is currently researching information for resource sheets and guides to returning to work and returning to transit. Look forward to these in the near future.

June 2020

