TMASF Connects Commute Guide

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### Transit Agencies

For more information on paratransit, pets on transit, and bicycles on transit, please visit the agencies’ sites.

### Transit Agencies with Service to and/or from San Francisco

<table>
<thead>
<tr>
<th>Agency</th>
<th>Service Description</th>
<th>Paratransit</th>
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</thead>
<tbody>
<tr>
<td>AC Transit</td>
<td>Bus serving Alameda-Contra Costa</td>
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<tr>
<td>BART</td>
<td>Rail serving Peninsula, SF, Alameda, Contra Costa</td>
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<tr>
<td>Caltrain</td>
<td>Rail serving South Bay, Peninsula, and SF</td>
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<tr>
<td>Golden Gate Transit</td>
<td>Bus/Ferry serving SF, Marin, Sonoma, &amp; Contra Costa</td>
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<tr>
<td>PresidioGo</td>
<td>Shuttle serving San Francisco</td>
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<tr>
<td>SamTrans</td>
<td>Bus serving Peninsula to and from SF</td>
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<tr>
<td>SF Bay Ferry</td>
<td>Ferry serving SF, Alameda, Solano, South SF</td>
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<tr>
<td>SFMTA/ Muni</td>
<td>Bus and rail serving San Francisco</td>
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### Bay Area Transit Agencies by County

#### Alameda

<table>
<thead>
<tr>
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<th>Service Description</th>
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<tbody>
<tr>
<td>AC Transit</td>
<td>Alameda-Contra Costa Transit District</td>
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<tr>
<td>BART</td>
<td>Rail serving Peninsula, SF, Alameda, Contra Costa</td>
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<tr>
<td>Capitol Corridor</td>
<td>Rail serving Santa Clara, Alameda, and Solano</td>
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<tr>
<td>Emery Go Round</td>
<td>Shuttle serving Oakland, Emeryville, Berkeley</td>
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<tr>
<td>SF Bay Ferry</td>
<td>Ferry serving SF, Alameda, Solano, South SF</td>
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<td>Wheels</td>
<td>BART Connections in Alameda County</td>
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<td>Union City Transit</td>
<td>Bus serving Union City</td>
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<tr>
<td>UC Berkeley Shuttle</td>
<td>Shuttle serving UC Berkeley campus</td>
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<tr>
<td>West Berkeley Shuttle</td>
<td>Shuttle serving West Berkeley</td>
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#### Contra Costa

<table>
<thead>
<tr>
<th>Agency</th>
<th>Service Description</th>
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</thead>
<tbody>
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<td>AC Transit</td>
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<tr>
<td>BART</td>
<td>Rail serving Peninsula, SF, Alameda, Contra Costa</td>
<td></td>
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<tr>
<td>County Connection</td>
<td>Bus serving Contra Costa County</td>
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<tr>
<td>Golden Gate Transit</td>
<td>Bus serving SF, Marin, Sonoma, and Contra Costa</td>
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<tr>
<td>Tri Delta Transit</td>
<td>Bus serving Alameda and Contra Costa Counties</td>
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<tr>
<td>WestCat Lynx</td>
<td>Bus serving Western Contra Costa County</td>
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#### Marin

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<tr>
<th>Agency</th>
<th>Service Description</th>
<th>Paratransit</th>
</tr>
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<tbody>
<tr>
<td>Golden Gate Transit</td>
<td>Bus/Ferry serving SF, Marin, Sonoma, &amp; Contra Costa</td>
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<tr>
<td>Marin Transit</td>
<td>Bus serving Marin County</td>
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<tr>
<td>SMART</td>
<td>Rail serving Sonoma and Marin counties</td>
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Napa
Napa County VINE Bus serving Napa County Paratransit
American Canyon Transit Shuttle serving American Canyon Paratransit
St. Helena Shuttle Shuttle serving St. Helena Paratransit
Yountville Trolley Shuttle serving Yountville Paratransit

San Francisco
PresidioGo Shuttle serving San Francisco Paratransit
SFMTA/ Muni Bus and rail serving San Francisco Paratransit

San Mateo
BART Rail serving Peninsula, SF, Alameda, Contra Costa Paratransit
Caltrain Rail serving South Bay, Peninsula, and SF Paratransit
SamTrans Bus serving Peninsula to and from SF Paratransit

Santa Clara
Caltrain Rail serving South Bay, Peninsula, and SF Paratransit
VTA Bus and rail serving Santa Clara County Paratransit
Menlo Park Shuttle Shuttle serving Menlo Park Paratransit
Stanford Marguerite Shuttle serving Stanford campus Paratransit

Solano
Capitol Corridor Rail serving Santa Clara, Alameda, and Solano Paratransit
Fairfield-Suisun Transit Bus serving the cities of Fairfield and Suisun Paratransit
SF Bay Ferry Ferry serving SF, Alameda, Solano, South SF Paratransit
SolTrans Bus serving Solano County Paratransit
Vacaville City Coach Bus serving the city of Vacaville Paratransit

Sonoma
Petaluma Transit Bus serving the city of Petaluma Paratransit
Santa Rosa City Bus Bus serving the city of Santa Rosa Paratransit
Sonoma County Transit Bus and shuttle services in Sonoma County Paratransit

Other Bay Area Regional Transit Services
ACE Rail serving SF, Alameda, Solano, Santa Clara Paratransit
Chariot Shuttle serving SF, San Mateo, Santa Clara, Alameda, Marin Paratransit
MagicBus Private shuttle serving SF, San Mateo, Santa Clara Paratransit
RidePal Shuttle serving SF, Alameda, San Mateo, and Santa Clara Paratransit
Tideline Water transportation serving SF, Marin, Alameda, San Mateo Paratransit
Bay Area Paratransit and Senior Services

San Francisco: Department of Aging & Adult Services
Alameda: Agency on Aging
Contra Costa: Agency on Aging
Marin: Division of Aging
Napa: Area Agency on Aging
San Mateo: Commission on Aging
Santa Clara: Department on Aging and Adult Services
Solano: Area Agency on Aging
Sonoma: Area Agency on Aging

*For Paratransit information for a specific transit agency, please see the transit section.

Bay Area Regional Commute Resources

Free Commute Services

511 / Metropolitan Transportation Commission of the SF Bay Area is a public agency that provides trip planning tools and commute resources. **Call 511 for assistance or visit 511.org.**

- **511 Ridesharing**
- **511 Bicycling**
- **Clipper Information**
- **NextBus**
- **Swiftly**
- **Waze**

Walking

Resources and guides for safe walking listed below

- **Walk SF**
  - Advocacy group that promotes walking in SF
- **Walkfirst**
  - Initiative to improve pedestrian safety
- **Vision Zero**
  - San Francisco’s road safety policy
- **SFMTA**
  - San Francisco Walking Guide
- **SFMTA**
  - Safe Streets SF at a glance

Bicycling

Bicycle resources, tips, and guides listed below. Visit each transit agency’s website to learn about their bicycle policies.

- **SF Bike Coalition**
  - Bicycle group representing San Francisco
- **Ford GoBike**
  - Bay Area’s bike sharing system
- **511**
  - Bay Area bicycling resources
- **SFMTA**
  - San Francisco bicycling resources
- **DMV**
  - Safety tips for bicyclists
- **Bridge Shuttle**
  - Bay Bridge shuttle for bicyclists
- **Home Advisor**
  - Commuting by Bike: Safety Guide & Tips
- **Walk Bike Marin**
  - Marin initiative to encourage biking
- **Silicon Valley Bike**
  - Bike advocacy group of Silicon Valley
- **Bike Walk Alameda**
  - Alameda initiative to encourage biking
Carpooling

Groups of passengers who travel together in a single vehicle

511
- RideMatch Service
511
- Carpool & Vanpool Incentives
Caltrans
- Park & Ride Lots Map
HOV Lanes
- Map of Northern California’s HOV lanes
Scoop
- On-demand carpool matching service app
Duet
- On-demand carpool matching service app
Waze
- On-demand carpool matching service app
Carzac
- On-demand ride-matching service app
Carma
- High occupancy commuting tracker

Carsharing

Services that allow riders to rent a non-privately owned vehicle

Enterprise
- National carsharing service
Zipcar
- National carsharing service
Gig
- East Bay carsharing service
Getaround
- Allows users to rent privately-owned vehicles
Turo
- Allows users to rent privately-owned vehicles
Ridecell
- Carsharing, ridesharing, autonomous fleet service
Scoot
- Scooter sharing service
Cost Calculator
- How much money can you save?

On-Demand Rides

On-demand services that connect riders to drivers

Lyft
- On-demand ride service
Uber
- On-demand ride service
Taxi
- SFTMA’s Taxi Company Directory

Commuter Benefits

Going Green

Learn how to make your commute more environmentally friendly

Spare the Air
San Francisco Department of the Environment
Bay Area Air Quality Management District
California Air Resources Board
California Bureau of Automotive Repair
Calculate how much CO2 is consumed when you travel

Financial Incentives

Learn about the many financial commuting benefits

511 Rideshare Rewards
San Francisco Commuter Benefits
IRS Commuter Benefit Laws
Clipper Direct
APTA Transit Calculator

6
Transportation Resource Links of Interest

Federal, state and city services, helpful links for seniors, emergency plans – click on the links below to learn even more.

Local Resources
- City and County of San Francisco
- Transportation Element of San Francisco General Plan
- San Francisco City Hall
- Metropolitan Transportation Commission (MTC)
- Transbay Center Project
- San Francisco County Transportation Authority
- San Francisco Convention & Visitors Bureau
- San Francisco Planning and Urban Research Association (SPUR)
- Greenbelt Alliance
- Walk San Francisco

California
- State of California
- California Transportation Commission
- California High Speed Rail
- Caltrans
- ITS-CA (Formerly CAATS)
- CalACT
- CalStart
- California State Legislature
- California Transportation Foundation
- League of California Cities
- California Transportation Plan
- California Department of Education Pupil Transportation
- Transportation California
- California Counties

Federal and Beyond
- Amtrak
- U.S. Department of Transportation
- US Library of Congress
- US House of Representatives
- US Senate
- The Transportation, Community, and System Preservation (TCSP) Program
- Federal Transit Administration
- Federal Highway Administration
Federal and Beyond
  Intelligent Transportation Systems
  U.S. Department of Energy
  U.S. Environmental Protection Agency (EPA)
  National Transportation Safety Board

Special Areas of Interest
  American Public Transportation Association
  Surface Transportation Policy Partnership
  Institute for Transportation and Development Policy

Senior Mobility
  Senior Driving
  American Society on Aging Webinars
  AAA Foundation for Traffic Safety
  AARP Driver Safety

Environmental Information
  National Biodiesel Board
  The Green Guide to Cars and Trucks
  Planning and Conservation League
  Union of Concerned Scientists
  Sierra Club
  Environmental Defense Fund
  International Association for Natural Gas Vehicles Online
  The International Council For Local Environmental Initiatives
  Scorecard – The Pollution Information Site
Additional Resources

Statewide Road Resources
- Caltrans District 4
- Caltrans Homepage
- California DMV
- California DMV Driver’s Handbook
- California DMV Motorcycle Handbook
- California Highway Patrol (CHP)

Bay Area Bridges
- San Francisco- Oakland Bay Bridge
- Golden Gate Bridge
- San Mateo- Hayward Bridge
- Richmond- San Rafael Bridge
- Dumbarton Bridge
- FasTrak
- Bay Area Toll Authority

Major Bay Area Projects
- Van Ness Improvement Project
- Transbay Transit Center
- Central Subway
- Moscone Center

Parking Resources
- SFMTA Parking
- Park and Ride Lots
- Parking Carma
- Parking Panda

Safety Resources
- San Francisco Department of Emergency Management (SFDEM)
- Department of Homeland Security (See Something, Say Something)
- San Francisco Police Department
- SF Environment Emergency Ride Home
- AlertSF Text Notification System
- TMASF Connects Emergency Resources

Local Media Resources
- KCBS
- KGO
- KTVU
- NBC Bay Area
- SF Gate