Linking members to increase personal mobility.
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Transit Agencies

For more information on paratransit, pets on transit, and bicycles on transit, please visit the agencies’ sites.

Transit Agencies with Service to and/or from San Francisco

<table>
<thead>
<tr>
<th>Agency</th>
<th>Service Description</th>
<th>Paratransit</th>
</tr>
</thead>
<tbody>
<tr>
<td>AC Transit</td>
<td>Bus serving Alameda-Contra Costa</td>
<td></td>
</tr>
<tr>
<td>BART</td>
<td>Rail serving Peninsula, SF, Alameda, Contra Costa</td>
<td></td>
</tr>
<tr>
<td>Caltrain</td>
<td>Rail serving South Bay, Peninsula, and SF</td>
<td></td>
</tr>
<tr>
<td>Golden Gate Transit</td>
<td>Bus/Ferry serving SF, Marin, Sonoma, &amp; Contra Costa</td>
<td></td>
</tr>
<tr>
<td>PresidioGo</td>
<td>Shuttle serving San Francisco</td>
<td></td>
</tr>
<tr>
<td>SamTrans</td>
<td>Bus serving Peninsula to and from SF</td>
<td></td>
</tr>
<tr>
<td>SF Bay Ferry</td>
<td>Ferry serving SF, Alameda, Solano, South SF</td>
<td></td>
</tr>
<tr>
<td>SFMTA/ Muni</td>
<td>Bus and rail serving San Francisco</td>
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Bay Area Transit Agencies by County

Alameda

<table>
<thead>
<tr>
<th>Agency</th>
<th>Service Description</th>
<th>Paratransit</th>
</tr>
</thead>
<tbody>
<tr>
<td>AC Transit</td>
<td>Alameda-Contra Costa Transit District</td>
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</tr>
<tr>
<td>BART</td>
<td>Rail serving Peninsula, SF, Alameda, Contra Costa</td>
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</tr>
<tr>
<td>Capitol Corridor</td>
<td>Rail serving Santa Clara, Alameda, and Solano</td>
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</tr>
<tr>
<td>Emery Go Round</td>
<td>Shuttle serving Oakland, Emeryville, Berkeley</td>
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<tr>
<td>SF Bay Ferry</td>
<td>Ferry serving SF, Alameda, Solano, South SF</td>
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<tr>
<td>Wheels</td>
<td>BART Connections in Alameda County</td>
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<tr>
<td>Union City Transit</td>
<td>Bus serving Union City</td>
<td></td>
</tr>
<tr>
<td>UC Berkeley Shuttle</td>
<td>Shuttle serving UC Berkeley campus</td>
<td></td>
</tr>
<tr>
<td>West Berkeley Shuttle</td>
<td>Shuttle serving West Berkeley</td>
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</table>

Contra Costa

<table>
<thead>
<tr>
<th>Agency</th>
<th>Service Description</th>
<th>Paratransit</th>
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</thead>
<tbody>
<tr>
<td>AC Transit</td>
<td>Alameda-Contra Costa Transit District</td>
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</tr>
<tr>
<td>BART</td>
<td>Rail serving Peninsula, SF, Alameda, Contra Costa</td>
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</tr>
<tr>
<td>County Connection</td>
<td>Bus serving Contra Costa County</td>
<td></td>
</tr>
<tr>
<td>Golden Gate Transit</td>
<td>Bus serving SF, Marin, Sonoma, and Contra Costa</td>
<td></td>
</tr>
<tr>
<td>Tri Delta Transit</td>
<td>Bus serving Alameda and Contra Costa Counties</td>
<td></td>
</tr>
<tr>
<td>WestCat Lynx</td>
<td>Bus serving Western Contra Costa County</td>
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</table>

Marin

<table>
<thead>
<tr>
<th>Agency</th>
<th>Service Description</th>
<th>Paratransit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Golden Gate Transit</td>
<td>Bus/Ferry serving SF, Marin, Sonoma, &amp; Contra Costa</td>
<td></td>
</tr>
<tr>
<td>Marin Transit</td>
<td>Bus serving Marin County</td>
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</tbody>
</table>
Napa
Napa County VINE Bus serving Napa County Paratransit
American Canyon Transit Shuttle serving American Canyon Paratransit
St. Helena Shuttle Shuttle serving St. Helena Paratransit
Yountville Trolley Shuttle serving Yountville Paratransit

San Francisco
PresidioGo Shuttle serving San Francisco Paratransit
SFMTA/ Muni Bus and rail serving San Francisco Paratransit

San Mateo
BART Rail serving Peninsula, SF, Alameda, Contra Costa Paratransit
Caltrain Rail serving South Bay, Peninsula, and SF Paratransit
SamTrans Bus serving Peninsula to and from SF Paratransit

Santa Clara
Caltrain Rail serving South Bay, Peninsula, and SF Paratransit
VTA Bus and rail serving Santa Clara County Paratransit
Menlo Park Shuttle Shuttle serving Menlo Park Paratransit
Stanford Marguerite Shuttle serving Stanford campus Paratransit

Solano
Capitol Corridor Rail serving Santa Clara, Alameda, and Solano Paratransit
Fairfield-Suisun Transit Bus serving the cities of Fairfield and Suisun Paratransit
SF Bay Ferry Ferry serving SF, Alameda, Solano, South SF Paratransit
SolTrans Bus serving Solano County Paratransit
Vacaville City Coach Bus serving the city of Vacaville Paratransit

Sonoma
Petaluma Transit Bus serving the city of Petaluma Paratransit
Santa Rosa City Bus Bus serving the city of Santa Rosa Paratransit
Sonoma County Transit Bus and shuttle services in Sonoma County Paratransit

Other Bay Area Regional Transit Services
ACE Rail serving SF, Alameda, Solano, Santa Clara Paratransit
Tideline Water transportation serving SF, Marin, Alameda, San Mateo Paratransit
RidePal Shuttle serving SF, Alameda, San Mateo, and Santa Clara Paratransit
Chariot Shuttle serving SF, San Mateo, Santa Clara, Alameda, Marin Paratransit
MagicBus Private shuttle serving SF, San Mateo, Santa Clara Paratransit
### Bay Area Paratransit and Senior Services

<table>
<thead>
<tr>
<th>County</th>
<th>Agency</th>
<th>Paratransit</th>
</tr>
</thead>
<tbody>
<tr>
<td>San Francisco</td>
<td>Department of Aging &amp; Adult Services</td>
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</tr>
<tr>
<td>Alameda</td>
<td>Agency on Aging</td>
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<tr>
<td>Contra Costa</td>
<td>Agency on Aging</td>
<td></td>
</tr>
<tr>
<td>Marin</td>
<td>Division of Aging</td>
<td></td>
</tr>
<tr>
<td>Napa</td>
<td>Area Agency on Aging</td>
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</tr>
<tr>
<td>San Mateo</td>
<td>Commission on Aging</td>
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</tr>
<tr>
<td>Santa Clara</td>
<td>Department on Aging and Adult Services</td>
<td></td>
</tr>
<tr>
<td>Solano</td>
<td>Area Agency on Aging</td>
<td></td>
</tr>
<tr>
<td>Sonoma</td>
<td>Area Agency on Aging</td>
<td></td>
</tr>
</tbody>
</table>

*For Paratransit information for a specific transit agency, please see the transit section.*

### Bay Area Regional Commute Resources

#### Free Commute Services

511 / Metropolitan Transportation Commission of the SF Bay Area is a public agency that provides trip planning tools and commute resources. **Call 511 for assistance or visit 511.org.**

**511 Ridesharing**  **511 Bicycling**  **Clipper Information**

<table>
<thead>
<tr>
<th>Resource</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>NextBus</td>
<td>Resources and guides for safe walking listed below</td>
</tr>
<tr>
<td>Swiftly</td>
<td></td>
</tr>
<tr>
<td>Waze</td>
<td></td>
</tr>
</tbody>
</table>

**Walking**

- **Walk SF**: Advocacy group that promotes walking in SF
- **Walkfirst**: Initiative to improve pedestrian safety
- **Vision Zero**: San Francisco’s road safety policy
- **SFMTA**: San Francisco Walking Guide
- **SFMTA**: Safe Streets SF at a glance

**Bicycling**

Bicycle resources, tips, and guides listed below. Visit each transit agency’s website to learn about their bicycle policies.

- **SF Bike Coalition**: Bicycle group representing San Francisco
- **Bike Share**: Bay Area’s bike sharing system
- **511**: Bay Area bicycling resources
- **SFMTA**: San Francisco bicycling resources
- **DMV**: Safety tips for bicyclists
- **Bridge Shuttle**: Bay Bridge shuttle for bicyclists
- **Home Advisor**: Commuting by Bike: Safety Guide & Tips
- **Walk Bike Marin**: Marin initiative to encourage biking
- **Silicon Valley Bike**: Bike advocacy group of Silicon Valley
- **Bike Walk Alameda**: Alameda initiative to encourage biking
## Carpooling
Groups of passengers who travel together in a single vehicle

- **511**: RideMatch Service
- **511**: Carpool & Vanpool Incentives
- **Caltrans**: Park & Ride Lots Map
- **HOV Lanes**: Map of Northern California’s HOV lanes
- **Scoop**: On-demand carpool matching service app
- **MuV**: On-demand carpool matching service app
- **Duet**: On-demand carpool matching service app
- **Waze**: On-demand carpool matching service app
- **Carzac**: On-demand ride-matching service app

## Carsharing
Services that allow riders to rent a non-privately owned vehicle

- **Carma**: Bay Area carsharing service
- **Enterprise**: National carsharing service
- **Zipcar**: National carsharing service
- **Getaround**: Allows users to rent privately-owned vehicles
- **Turo**: Allows users to rent privately-owned vehicles
- **Ridecell**: On-demand carsharing service app
- **Scoot**: Scooter sharing service
- **Cost Calculator**: How much money can you save?

## On-Demand Rides
On-demand services that connect riders to drivers

- **Lyft**: On-demand ride service
- **Uber**: On-demand ride service
- **Taxi**: SFTMA’s Taxi Company Directory
- **Ridecell**: On-demand ride-matching service app

## Commuter Benefits

### Going Green
Learn how to make your commute more environmentally friendly

- **Spare the Air**
- **San Francisco Department of the Environment**
- **Bay Area Air Quality Management District**
- **California Air Resources Board**
- **California Bureau of Automotive Repair**
- **Calculate how much CO2 is consumed when you travel**

### Financial Incentives
Learn about the many financial commuting benefits

- **511 Rideshare Rewards**
- **San Francisco Commuter Benefits**
- **IRS Commuter Benefit Laws**
- **Clipper Direct**
- **APTA Transit Calculator**
Transportation Resource Links of Interest

Federal, state and city services, helpful links for seniors, emergency plans – click on the links below to learn even more.

Local Resources
- City and County of San Francisco
- Transportation Element of San Francisco General Plan
- San Francisco City Hall
- Metropolitan Transportation Commission (MTC)
- Transbay Center Project
- San Francisco County Transportation Authority
- San Francisco Convention & Visitors Bureau
- San Francisco Planning and Urban Research Association (SPUR)
- Greenbelt Alliance
- Walk San Francisco

California
- State of California
- California Transportation Commission
- California High Speed Rail
- Caltrans
- ITS-CA (Formerly CAATS)
- CalACT
- CalStart
- California State Legislature
- League of California Cities
- California Transportation Plan
- California Department of Education Pupil Transportation
- Transportation California
- California Counties
- Caltrans Photolog

Federal and Beyond
- Amtrak
- U.S. Department of Transportation
- US Library of Congress
- US House of Representatives
- US Senate
- The Transportation, Community, and System Preservation (TCSP) Program
- Federal Transit Administration
- Federal Highway Administration
Federal and Beyond
  Intelligent Transportation Systems
  U.S. Department of Energy
  U.S. Department of Environment (EPA)
  National Transportation Safety Board
  Railway Association of Canada
  Perils for Pedestrians

Special Areas of Interest
  American Public Transportation Association
  Surface Transportation Policy Partnership
  Institute for Transportation and Development Policy

Senior Mobility
  Senior Driving
  American Society on Aging Webinars
  AAA Foundation for Traffic Safety
  AARP Driver Safety

Environmental Information
  National Biodiesel Board
  The Green Guide to Cars and Trucks
  Planning and Conservation League
  Clean Car Campaign
  Union of Concerned Scientists
  Sierra Club
  Environmental Defense Fund
  International Association for Natural Gas Vehicles Online
  The International Council For Local Environmental Initiatives
  Scorecard – The Pollution Information Site
Additional Resources

Statewide Road Resources
- Caltrans District 4
- Caltrans Homepage
- California DMV
- California DMV Driver’s Handbook
- California DMV Motorcycle Handbook
- California Highway Patrol (CHP)

Bay Area Bridges
- San Francisco- Oakland Bay Bridge
- Golden Gate Bridge
- San Mateo- Hayward Bridge
- Richmond- San Rafael Bridge
- Dumbarton Bridge
- FasTrak
- Bay Area Toll Authority

Major Bay Area Projects
- Van Ness Improvement Project
- Transbay Transit Center
- Central Subway
- Moscone Center

Parking Resources
- SFMTA Parking
- Park and Ride Lots
- Parking Carma
- Parking Panda

Safety Resources
- San Francisco Department of Emergency Management (SFDEM)
- Department of Homeland Security (See Something, Say Something)
- San Francisco Police Department
- SF Environment Emergency Ride Home
- AlertSF Text Notification System
- TMASF Connects Emergency Text Alert Program

Local Media Resources
- KCBS
- KGO
- KTVU
- NBC Bay Area
- SF Gate