



TMASF



CONNECTS



THE FACTS

Spare the Air

[Enter to WIN GIANTS TICKETS](#) and in the comment section of your entry, let us know how you helped spare the air in 2016!

The [Spare the Air program](#) notifies residents when air quality is forecast to be unhealthy, and urges residents to drive less and reduce their emissions of ozone-forming pollutants.

Facts about Spare the Air

In the Bay Area, the [Spare the Air](#) days occur when clear skies, hot temperatures, lighter than usual winds, and strong temperature inversions combine to create smoggy conditions. *Spare the Air* Alerts are declared for days forecast to have ozone concentrations that exceed federal health-based standards.

On these *Spare the Air* days, residents are urged to cut back on any activities that cause pollution - such as driving, using oil-based paints, gasoline-powered lawn mowers, or household aerosol products like hair sprays. People who are sensitive to unhealthy air are advised to limit their time outdoors, particularly in the afternoon hours.



Sign Up for AirAlerts

Spare the Air issues advisories are posted on their website along with [daily air quality forecasts](#), recorded on the 1 (800) HELP AIR forecast phone line, announced in local newspapers, and broadcast on local TV and radio stations. The [EnviroFlash AirAlert](#) email system also notifies registered Bay Area subscribers.

TMASF Connects will notify members of *Spare the Air* Alerts occurring Tuesday- Friday via a simple email. *Spare the Air* Alerts are also posted on our [Calendar of Updates](#) and our [Twitter](#).

For More Information

For more information and tips on how you can help spare the air in the San Francisco Bay Area, visit the Bay Area Air Quality Management District's [website](#).

Be sure to follow *Spare the Air* on [Facebook](#) or [Twitter](#) for up to date information on when *Spare the Air* Days are being held as well as what we can do to make a difference in our communities.

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