



## Practice Responsible Commute Behavior and Know Your Backup Plan!

The Bay Area is home to a wide array of comprehensive transportation services that provide millions of trips each day. Additionally, many programs such as [ours](#), [511](#), and other resources exist to help commuters identify a plan for their routine commute. Until a disruption occurs, we merrily travel on our way. But, when a problem arises- do you know your back-up alternatives?

It may seem daunting to navigate the labyrinth of services and options, but it is a worthwhile investment in your commute planning. During any service or weather disruption, bridge construction, or other extended circumstances that require a change in your daily travel, it's smart to know how to get around without resorting to a frustrating and expensive commute in your car.

BART is a vital service transporting more than 400,000 commuters per day throughout the Bay Area. As BART continues to repair and upgrade train service, we would like to remind of the additional regional transportation services available.

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### Bay Area Transportation Options in Addition to BART Regional Service

San Francisco

[SFMTA/MUNI](#)

[Golden Gate Transit and Ferry](#)

Peninsula/ South Bay

[Caltrain](#)

[SamTrans](#)

[San Francisco Bay Ferry](#)

[VTA](#)

**East Bay**

**North Bay**

[AC Transit](#)

[Golden Gate Transit and Ferry](#)

[San Francisco Bay Ferry](#)

[San Francisco Bay Ferry](#)

[WestCAT](#)

## Telecommuting and Flextime

During any transit service or weather disruption, you should consider working from home if possible or altering your work schedule to avoid commuting during peak commute hours. Telecommuting and Flextime work schedules are proven to help increase productivity and morale, as well as reduce consumption of commute time. View the free [\*\*TMASF Connects Factsheet\*\*](#) on the advantages of implementing a telecommuting or flextime program, the legal responsibilities to consider, and relevant additional links!

[View the Telecommuting + Flextime Factsheet](#)

## Carpool, Vanpool, and Casual Carpool

Ridesharessuch as carpools and vanpools are made up of groups of passengers who have a similar commute route who travel together in a single vehicle routinely. By carpooling, commuters save time by riding in the carpool lanes and save money by sharing the expense of gas with other carpool members and receive discounts at tolls.

[View the Ridesharing Factsheet](#)

Please use the extensive resources found at the [\*\*TMASF Connects Website\*\*](#) to help you learn about your travel alternatives. As an added benefit, while you're there enter to win Warriors and Giants tickets!

[KCBS](#), [KGO](#), [KTVU](#), [NBC Bay Area](#), [SF Gate](#)

**Bay Area Commute Resources**

[CHP](#), [Caltrans District 4](#), [SFMTA](#), [511](#), [TMASF Connects](#)

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